



BREAKFAST

Super foods breakfast

The healthiest way to start the day!

Super muesli with activated buckwheat, Chia seeds, apples, walnuts & cinnamon Pumpkin spiced steel cut oats with candied pecans

Homemade goji berry granola with fresh berries & Greek yogurt

Crushed avocado on bagel toast

Almond, blueberry & banana smoothie with Chia seeds

Juice bar

Orange, carrot & ginger juice

Cucumber, celery & apple with a hint of lime